

Writing Portfolio

Explorer 7

CLASS

NAME

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Explorer 7 Unit 1

Date:	Class:	Name:	
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No.	Word	Meaning	Word	Meaning
1	subway		지불하다, 치르다	
2	indoors		운동하다	
3	exercise		실내에서	
4	often		팬	
5	occasion		지하의	
6	cost		값, 비용	
7	probably		빌리다	
8	fan		승객	
9	rent		무료의	
10	underground		기회, 경우	
11	concert		지하철	
12	time		달, 월	
13	ticket		표, 티켓	
14	passenger		연주회, 콘서트	
15	month		자주	
16	free		아마도	
17	pay		~번, 회	

• Choose and complete the organizer.

What Andy has:

What Andy is going to do:

He Swims Three Times a Week

Where Sara is going:

How often Sara swims:

I swim three times a week. / I have free tickets for a concert. I'm going to go to the concert

with Sara and Joan. / I'm going to a swimming pool.

• Use your notes from the organizer in class.

Title	He Swims Three Times a Week
Introduction	Andy: Hi, Tim. I called you last night, but you didn't my call. Tim: I'm sorry. I went to bed last night. I was very tired. Why did you call me?
• What Andy has • What Andy is going to do • Where Sara is going • How often Sara swims	Andy: What are you doing tomorrow? Tim: Nothing special. I'll stay home. Andy: I have tickets for a concert. I'm going to go to the with Sara and Joan. Would you like to us? Tim: Sure, I'd love to. Andy: Hi! Sara. Where are you going? Sara: I'm going to a swimming I have a swimming lesson at 4:00. Tim: I'm going to the concert with you. Sara: Really? That's good. Tim: Do you swim every day? Sara: No, I don't. Andy: How often do you swim? Sara: I swim three a week. On Monday, Wednesday and Friday.
Conclusion	Andy: Then what do you do the other days? Sara: I the piano. Tim: You're busy.

Key Words

early / probably / free / answer / concert / pool / join / practice / times



Date:	Class:	Name:	
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No.	Word	Meaning	Word	Meaning
1	martial art		적어도	
2	sweat		뼈 강화	
3	lung		땀나다	
4	had better		줄넘기하기	
5	reach		근육	
6	bend		엎드려팔굽혀펴기	
7	jumping rope		강화하다	
8	aerobic exercise		폐	
9	muscle		유연한	
10	get weight		무술	
1	flexible		~하는 것이 낫다	
12	bone strengthening		닿다	
13	bottom		줄다리기	
14	strengthen		살이 찌다	
15	tug-of-war		구부리다	
16	at least		바닥	
17	push-up		유산소 운동	

• Choose and complete the organizer.

What isn't a good sign for health:

What exercise is good for your heart and lung:

Exercises for Children

Which is an aerobic exercise:

How often you'd better do aerobic exercises :

Getting weight isn't a good sign for health. / Jumping rope, playing with a ball, swimming are also aerobic exercises. / You'd better do aerobic exercises every day at least 60 minutes. / Aerobic exercise is good for your heart and lung.

• Use your notes from the organizer in class.

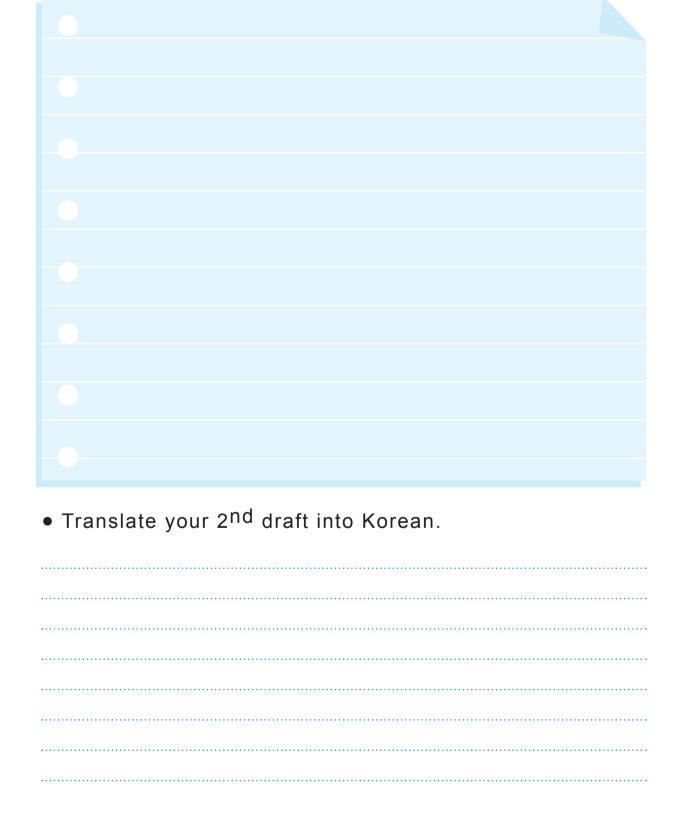
Title	Exercises for Children
Introduction What isn't a good sign for health	These days children get more weight isn't a good sign for health. To become healthy you need to exercise. I'll tell you exercises for children.
What exercise is good for your heart and lung Which is an aerobic exercise How often you'd better do aerobic exercises	is good for your heart and lung. Skateboarding, skiing, fast walking, hiking, running, and dancing are aerobic exercises, playing with a ball, swimming are also aerobic exercises. You'd better do aerobic exercises every day 60 minutes. Do you like to climb on the jungle gym? That is exercise. Tree climbing, rowing,, and tug-of-war are muscle strengthening exercises. You'd better do muscle strengthening exercises at least 3 times per week at least 60 minutes exercise helps your bones grow and keeps them strong. Jumping rope, hopping, running, and hiking are bone strengthening exercises. You'd better do bone strengthening exercises at least 3 times per week at least 60 minutes.
Conclusion	Make your muscles more Toe touching and side stretching are good. Yoga,, and dance are also good.

Key Words

jumping rope / at least / aerobic exercise

/ getting weight / muscle strengthening / push-ups / bone

strengthening / flexible / martial arts



Date:	Class:	Name:	
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No.	Word	Meaning	Word	Meaning
1	historic		남쪽에 있는	
2	Africa		인상적인, 인상 깊은	
3	remember		기억하다	
4	ocean		대양, 바다	
5	Europe		유럽	
6	southern		잘 알려진	
7	palace		궁전	
8	interesting		역사적인	
9	envy		(동물) 새끼주머니	
10	located		배, 복부	
11	pouch		사실은, 실제로	
12	belly		재미있는	
13	actually		해외에, 해외로	
14	Italy		~에 위치한	
15	impressive		아프리카	
16	well-known		부러워하다	
17	abroad		이탈리아	

• Choose and complete the organizer.

What koalas eat : Where Italy is :

He Has Been to Italy

Where we visited in Rome:

What the Taj Mahal means:

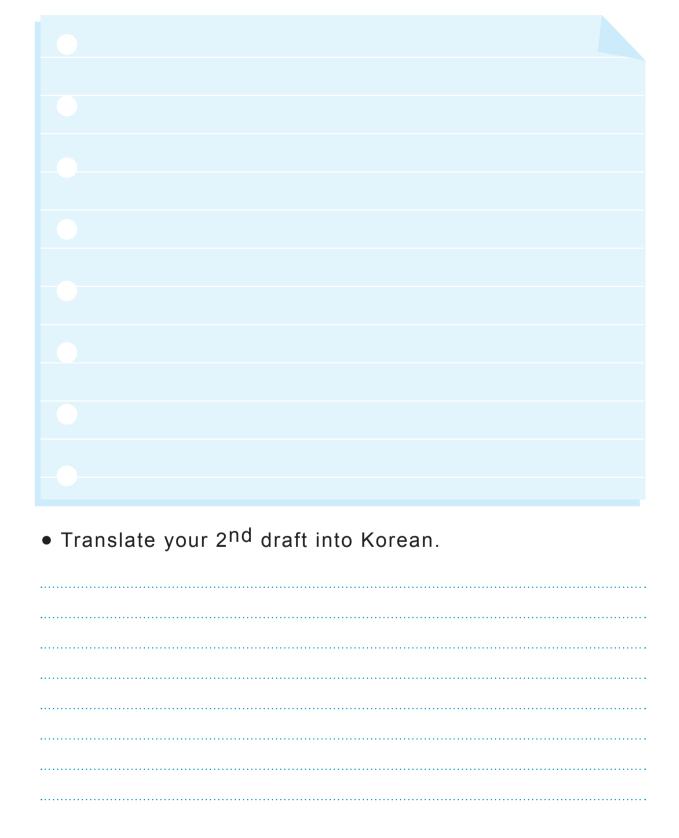
And they eat leaves. / It means "Crown Palace". / Italy is located in the middle of Southern Europe. / We visited many historic places in Rome.

• Use your notes from the organizer in class.

Title	He Has Been to Italy	
Introduction What koalas eat	Lucy: Where do koalas live? Joan: In trees. And they eat Lucy: I know that they sleep a lot. Joan: You're right. They sleep for about 20 hours a day. And they move very slowly. They don't like to Lucy: How interesting!	
• Where Italy is • Where we visited in Rome • What the Taj Mahal means	Lucy: Have you to Italy before? Joan: Yes, I have. Lucy: When? Joan: Last year. Italy is in the middle of Southern Europe. There are some famous cities in Italy. Pizza and spaghetti are the places in Rome. I can still the beautiful Mediterranean Sea. Joan: I have also been to India. I saw the Taj Mahal. It means "Crown". Lucy: Is it a palace? Joan: No, it's the of an India king and his wife. It's one of the most beautiful tombs in the world.	
Conclusion	Lucy: That's great.	

Key Words

been / leaves / move / remember / palace / tomb / historic / well-known / located



Date:	Class:	Name:	
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No.	Word	Meaning	Word	Meaning
1	landscape		경험하다	
2	depth		많은	
3	experience		관광객	
4	brilliant		경이	
5	activity		열정적인	
6	a number of		훌륭한	
7	width		절정	
8	festival		축제	
9	snorkeling		풍경	
10	wonder		~까지	
11	waterfall		특히	
12	sightseer		길이	
13	passionate		스노클 잠수	
14	up to		폭포	
15	particularly		너비	
16	length		활동	
17	peak		깊이	

• Choose and complete the organizer.

What Yosemite National Park has:

What you can experience at Yosemite National Park:

Great Places for Family Trip in America

What you can enjoy in Hawaii:

What you'll find in Hawaii:

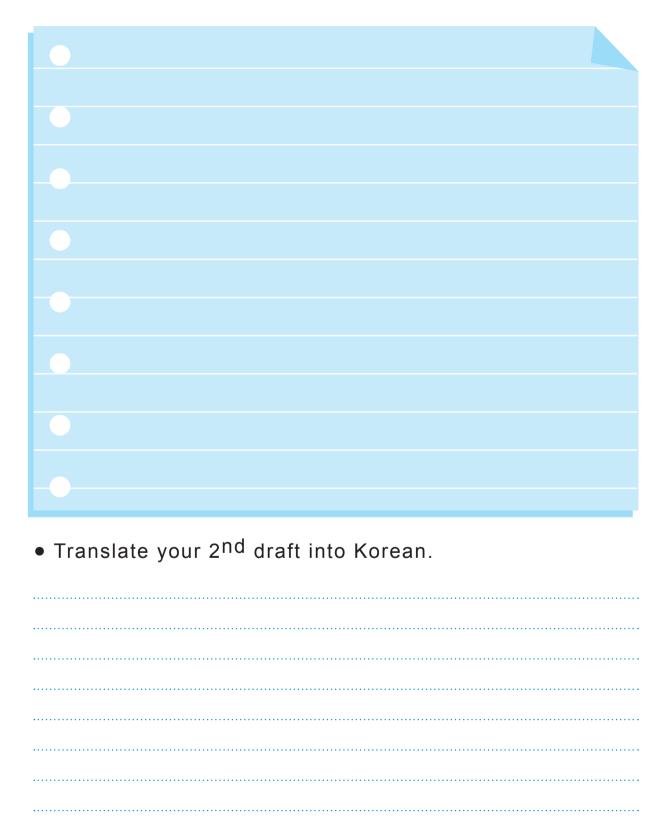
Here, you'll find the most brilliant blue waters. / It has big waterfalls, old Sequoia trees and the most unique rocks in America. / You can experience Mother Nature's wonders and landscapes. / You can enjoy snorkeling, swimming with dolphins, and the Hawaiian Waters Adventure Park.

• Use your notes from the organizer in class.

Title	Great Places for Family Trip in America
Introduction	Grand Canyon: The Grand Canyon is a wonderful place for family trip. You'll find lots to do here, including hiking, kayaking, rafting and riding Grand Canyon Railway. The Grand Canyon can be very crowded. The South Rim is popular for and hikers. However, for a true, head to the North Rim. This is the good place for camping and hiking.
What Yosemite National Park has What you can experience at Yosemite National Park	Yosemite: You can enjoy many activities at Yosemite National Park. They are from hiking and camping to mountain climbing and rafting. It is one of California's wonderful natural parks. It has big, old Sequoia trees and the most unique rocks in America. You can experience Mother Nature's wonders and
Conclusion • What you can enjoy in Hawaii • What you'll find in Hawaii	Hawaii: For a taste of real Hawaii, visit the North Shore. Honolulu - especially Waikiki — offers child-friendly beaches and activities. You can enjoy, swimming with dolphins, and the Hawaiian Waters Adventure Park. Here, you'll find the most blue waters.

Key Words

sightseers / particularly / waterfalls / brilliant / landscapes / outdoor / most / experience / snorkeling





Writing Portfolio

My Writing Portfolio Explorer 7



